

FROM THE CONGRESS ST. SUPERETTE... RECOMMENDED BOOKS

Museum Wharf 300 Congress Street Boston, MA 02210 (617) 426-6500

- The Bakery Factory by Aylette Jenness. Thomas Y. Crowell.

 Photographs and text show the commercial bread-making process, from flour truck to supermarket shelves.

 (Elementary)
- Be A Smart Shopper by Kathryn Gay. Messner.

 Explains advertising psychology, comparative shopping and consumer protection and advises the reader in being a more responsible shopper. (Elementary.)
- Growing Food, Growing Up by Esther and Birdina Lewin. The Ward Ritchie Press.

 An activity book to growing foods and making nutritional snacks. (Pre-school through the intermediate level.)
- Love At First Bite by Jane Cooper. Alfred A. Knopf.

 Presents easy recipes that use basic cooking techniques and need little adult supervision. Preschool through Jr. High level.)
- Stores by Alvin Schwartz. MacMillan Publishing Co., Inc.
 An inside look at the day to day operations of forty
 stores. (Intermediate, 4th grade through Jr. High level.)
- Where Does Food Come From by Althea. Dinosaur Publication, Ltd.

 Explains where processed foods come from and how they get to the grocery store. (preschool 2nd grade)
- The Supermarket Handbook by Nikki and David Goldbeck. The New American Library.

A valuable guide to buying whole and natural foods from the supermarket shelves. Provides useful information on recognizing harmful additives. (Adult Reading)

THESE BOOKS ARE AVAILABLE IN THE RESOURCE CENTER.